

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



January 2022



Edie's Place Memory Care

Happy New Year! **1**
 11:00 Exercise
 2:00 Resolution Garland
 3:00 Movie Time

New Year's Day

11:00 Catholic Mass in the MPR
 2:00 Hello January Activity
 3:00 Movie Time

11:00 Yoga/Stretch **3**
 2:00 Who Am I?
 2:30 Exercise with Melissa
 8:15 Browns v Steelers on NBC

11:00 Exercise **4**
 2:00 Color Your Own Calendar for January
 3:30 Game Time

11:00 Yoga/Stretch **5**
 1:30 Winter coloring
 3:00 Manicures in the 400 Hall Dining room

11:00 Exercise **6**
 1:30 YouTube One Hour of Amazing Animal Moments
 2:30 Yoga/Stretch
 3:00 Movie Time

11:00 Exercise **7**
 1:30 Movie Time: Benji
 3:00 Craft in the Country Kitchen

11:00 Exercise **8**
 2:00 Elvis is in the Building!
 3:30 Movie Time

10:15 Exercise **9**
 11:00 Catholic Mass in the MPR
 1:00 Browns v Bengals
 2:00 Word Search/Crosswords

11:00 Yoga/Stretch **10**
 2:00 What Am I?
 2:30 Exercise with Melissa
 3:30 Movie Time

11:00 Exercise **11**
 1:30 Painting in the 400 Hall Dining room
 3:30 YouTube 2Cellos Concert

11:00 Yoga/Stretch **12**
 1:30 Game Time in the Country Kitchen
 3:00 Manicures in the 400 Hall Dining room

11:00 Exercise **13**
 1:30 Bingo in the Country Kitchen
 3:00 Story Time 100 Hall Living room

11:00 Exercise **14**
 1:30 Water coloring in the 400 Hall Dining room
 3:00 Sing a long

11:00 Exercise **15**
 1:30 Netflix Series: Penguin Town
 3:00 All About Penguins! In the Country Kitchen

10:15 Exercise **16**
 11:00 St Christopher Rocky River Catholic Mass on YouTube

11:00 Yoga/Stretch **17**
 2:00 Where Am I?
 2:30 Exercise with Melissa
 3:30 Movie Time

Martin Luther King Jr. Day

11:00 Exercise **18**
 1:30 January Birthday Celebration!
 3:00 Celebrating National Winnie the Pooh Day

11:00 Yoga/Stretch **19**
 1:30 Craft time
 3:00 Manicures in the 400 Hall Dining room

11:00 Exercise **20**
 2:00 Keith Parker Singer/Guitarist
 3:30 Movie Time

11:00 Exercise **21**
 1:30 Craft Time
 3:00 Trivia
 3:30 Movie Time

11:00 Exercise **22**
 1:30 Making Blueberry Lemon Bars in the Country Kitchen
 3:00 Name that Tune in the MPR

10:15 Exercise **23**
 11:00 St Christopher Rocky River Catholic Mass on YouTube

Activity Professionals Week

11:00 Yoga/Stretch **24**
 2:00 When Am I?
 2:30 Exercise with Melissa
 3:30 Movie Time

11:00 Exercise **25**
 2:00 National Opposite Day Activity
 3:00 Yoga/Stretch

11:00 Yoga/Stretch **26**
 1:30 Manicures in the 400 Hall Dining room
 3:00 Let's Talk About The Land Down Under

Australia Day (observed)

11:00 Exercise **27**
 2:00 Visit with Sophie the Therapy Dog
 3:00 Coloring and Cocoa in the Country Kitchen

11:00 Exercise **28**
 1:30 Craft Time
 3:00 Movie Time

11:00 Exercise **29**
 1:30 Movie Time
 3:15 Yoga/Stretch
 3:45 Movie Time

10:15 Exercise **30**
 11:00 St Christopher Rocky River Catholic Mass on YouTube

11:00 Yoga/Stretch **31**
 2:00 Who Am I?
 2:30 Exercise with Melissa
 3:00 Movie Time



****Don't forget to check the Daily Activity sheets for any changes or added activities****

