

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:30 Mass w/ Father Keller : AVH Happy New Year! Brunch 11:30-1:00 ADR 4:00 Boxed Delivery <small>New Year's Day</small>	2 2:00 Practicing Your Bridge: WGR 2:30 BP Checks: TL 3-5 Martini Monday: WP 7pm – Monday Night Mingle w/Cornhole :AVH	3 10:30-12:00 Tech Tuesday Help Desk: CMC 11:00 Current Events: RWS 2:30 Tap Time w/ Melissa: RWS 3:00 Cocktail Hour :WP 7:00 Tuesday Night Bridge:WGR.	4 11:00 Depart for Giant Eagle 1:30 Depart for Giant Eagle 2:00 Cribbage: WGR 3-5 – Wine Down Wednesday -WP 4:00 Rosary CMC No Chorus Tonight	5 10:00 Series:“Virgin River”: WTR 11:30 Depart for Mahles: L 3:00 Bingo: WGR 3-5 Thirsty Thursday Cocktail Hour :WP	6 11:00 Depart for Heinen's RR 1:30 Mah Jongg : WGR 2:00 Better Business Bureau Talks about the latest scams : AVH 3-5 Cocktail Hour : WP	7 11:45 Depart for Sanctuary Museum Lakewood 2:00 Dominoes:RKA 3:30 Debbie & David: Nat King Cole: AVH 7:00 Movie “ Eve’s Bayou” WTR
8 8:15 St. Christopher 8:45 Bay Presbyterian 9:00 RR United Methodist 9:45 St. Peters Episcopal	9 2:00 Practicing Your Bridge: WGR 2:30 BP Checks: TL 3-5 Martini Monday: WP 3:30 David Strieter:WP 7pm – Monday Night Mingle w/Cornhole :AVH	10 11:00 Current Events: RWS 12:30- Depart for Cle Aquarium: L 2:00 Men’s Group Wii Bowling : WTR 2:30 Silver Strenght w/ Melissa: RWS 3:00 Cocktail Hour :WP 7:00 Tuesday Night Bridge: WGR	11 11:00 Depart for Giant Eagle 1:30 Depart for Giant Eagle 2:00 Cribbage: WGR 3-5 – Wine Down Wednesday -WP 4:00 Rosary CMC 7:00 Chorus – NEW MEMBERS WELCOME	12 10:00 Series:“Virgin River”: WTR 10:00 Assistive Device Safety Check :AVH 3:00 Bingo: WGR 3-5 Thirsty Thursday Cocktail Hour :WP 5-6 Italian Night Dinner w/ Frank & Dean : ADR	13 11:00 Depart for Heinen's RR 1:30 Mah Jongg : WGR 2:00 Women in History presents Ruth Etting:AVH 3-5 Cocktail Hour : WP	14 10:00-11:30 Art w/Rebecka:RKA 2:00 Dominoes:RK 4:00 Mass w/Father Keller:AVH 7:00 Movie “ Déjà vu” : WTR
15 8:15 St. Christopher 8:45 Bay Presbyterian 9:00 RR United Methodist 9:45 St. Peters Episcopal	16 2:00 Practicing Your Bridge: WGR 2:30 BP Checks: TL 3:00 Documentary: King: a Filmed Record: AVH 3-5 Martini Monday: WP 7pm – Monday Night Mingle w/Cornhole :AVH <small>Martin Luther King Jr. Day</small>	17 11:00 Current Events: RWS 2:00 Tea w/ Tracey:Cafe 2:30 Line Dancing w/Melissa:RWS 3:00 Cocktail Hour :WP 7:00 Tuesday Night Bridge:WGR.	18 11:00 Depart for Giant Eagle 1:30 Depart for Giant Eagle 2:00 Cribbage: WGR 3-5 – Wine Down Wednesday -WP 4:00 Rosary CMC 7:00 Chorus	19 10:00 Series:“Virgin River”: WTR 11:00 Depart for Meijer's Avon : L 3:00 Bingo: WGR 3-5 Thirsty Thursday Cocktail Hour :WP 7pm – The Many Uses of “ Alexa” : AVH	20 Grab -A- Donut Sponsor Mary Warren : Café 11:00 Depart for Heinen's RR 1:30 Mah Jongg : WGR 2:00 Alice Wills presents Bert & Lou Hoover 3-5 Cocktail Hour : WP	21 10:00-11:30 Art w/Rebecka:RKA 2:00 Dominoes:RKA 2:30 Pianist Ilya : AVH 4:00 Mass w/Father Keller:AVH 7:00 Movie “ Kongs Raya”: WTR
22 8:15 St. Christopher 8:45 Bay Presbyterian 9:00 RR United Methodist 9:45 St. Peters Episcopal <small>Chinese New Year (Year of the Rabbit)</small>	23 1:30 Food Service Meeting : ADR 2:00 Practicing Your Bridge: WGR 2:30 BP Checks: TL 3-5 Martini Monday: WP 7pm – Monday Night Mingle w/Cornhole :AVH <small>Activity Professionals Week</small>	24 10:30-12 Case Western:AVH 11:00 Current Events: RWS 1:00 Depart For Bay Lanes Bowling : L 2:30 Seated Rhythm w/ Melissa: RWS 3:00 Cocktail Hour :WP 3:00 St. Peter's Episcopal :AVH 7:00 Tuesday Night Bridge:WGR	25 11:00 Marc's 1:30 Depart for Giant Eagle 2:00 Cribbage: WGR 3-5 – Wine Down Wednesday -WP 4:00 Rosary CMC 7:00 Chorus	26 10:00 Series:“Virgin River”: WTR 11:30 Depart for Aristo Bistro: L 3:00 Bingo: WGR 3-5 Thirsty Thursday Cocktail Hour :WP 7:00 African Drumming w/ Olu Manns: AVH <small>Australia Day (observed)</small>	27 11:00 Depart for Heinen's RR 1:30 Mah Jongg : WGR 3-5 Cocktail Hour Birthday Celebration: WP 3:30- David Strieter :WP	28 10:00-11:30 Art w/Rebecka:RKA 2:00 Dominoes:RKA 4:00 Mass w/Father Keller:AVH 7:00 Movie “ The Prestige “ WTR
29 8:15 St. Christopher 8:45 Bay Presbyterian 9:00 RR United Methodist 9:45 St. Peters Episcopal	30 2:00 Practicing Your Bridge: WGR 2:30 BP Checks: TL 2:30- Balance Screening: TL 3-5 Martini Monday: WP 7pm – Monday Night Mingle w/Cornhole :AVH	31 10:30-12 Case Western:AVH 11:00 Current Events: RWS 3:00 Cocktail Hour :WP 7:00 Tuesday Night Bridge:WGR.	 <h1 style="font-family: cursive;">January 2023</h1> <h2>Life Enrichment Calendar</h2>			

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 New Year's Day	2 10:00 Total Body Sing-A-Long: RWS 11:00 Seated Yoga: RWS 11:45 Brain & Body: RWS	3	4 10:00 Total Body Sing-A-Long: RWS 11:00 Seated Yoga: RWS 11:45 Brain & Body: RWS	5	6 8:45 Fitness Center EDU : FC 10:00 Total Body Sing-A-Long: RWS 11:00 Seated Yoga: RWS 11:45 Brain & Body: RWS	7
8	9 10:00 Total Body Sing-A-Long: RWS 11:00 Seated Yoga: RWS 11:45 Brain & Body: RWS	10	11 10:00 Total Body Sing-A-Long: RWS 11:00 Seated Yoga: RWS 11:45 Brain & Body: RWS	12	13 10:00 Total Body Sing-A-Long: RWS 11:00 Seated Yoga: RWS 11:45 Brain & Body: RWS	14
15	16 10:00 Total Body Sing-A-Long: RWS 11:00 Seated Yoga: RWS 11:45 Brain & Body: RWS Martin Luther King Jr. Day	17	18 No Classes Today	19	20 10:00 Total Body Sing-A-Long: RWS 11:00 Seated Yoga: RWS 11:45 Brain & Body: RWS	21
22 Chinese New Year (Year of the Rabbit)	23 10:00 Total Body Sing-A-Long: RWS 11:00 Seated Yoga: RWS 11:45 Brain & Body: RWS Activity Professionals Week	24	25 10:00 Total Body Sing-A-Long: RWS 11:00 Seated Yoga: RWS 11:45 Brain & Body: RWS	26 Australia Day (observed)	27 10:00 Total Body Sing-A-Long: RWS 11:00 Seated Yoga: RWS 11:45 Brain & Body: RWS	28
29	30 10:00 Total Body Sing-A-Long: RWS 11:00 Seated Yoga: RWS 11:45 Brain & Body: RWS	31	 <p style="text-align: center;"><i>January 2023</i> Wellness Calendar</p>			