

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Case Western Life Long Learning for those registered. Tuesday's through May 23rd 1:00-2:30pm Avalon Hall</p>	<p>2:00 Practicing Your Bridge: WGR 2:30 BP Checks: TL 3-5 Martini Monday: WP 7pm – Monday Night Mingle w/Cornhole :AVH</p> <p>May Day</p>	<p>11:00 Current Events: RWS 3:00 Cocktail Hour :WP 7:00 Tuesday Night Bridge:WGR.</p>	<p>11:00 Depart for Giant Eagle 1:30 Depart for Giant Eagle 2:00 Cribbage: WGR 3-5– Wine Down Wednesday -WP 4:00 Rosary CMC</p>	<p>10:00 Series: “ Extrodinary Attorney Woo pt. 5: WTR 11:30 3:00 Bingo: WGR 3-5 Thirsty Thursday Cocktail Hour:WP 6:30-8:30 Olu Mann Drum Circle: AVH</p>	<p>11:00 Depart for Heinen's RR 1:30 Mah Jongg : WGR 3-5 Cocktail Hour Cinco de Mayo \$2:00 Margarita's: WP 7:00 Depart for RRPC- Blue Water Chamber Concert, Celtic Charisma :L</p> <p>Cinco de Mayo</p>	<p>10:00-11:30 Art w/ Rebecka:RKA 1:00 Putting : Backyard 2:00 Dominoes:RKA 3:30 Debbie & David play Dean Martin: AVH 4:30-6:30 Derby Buffet:ADR 5-7 Derby and Dessert Watch Party: WP</p>
<p>8:15 St. Christopher 8:45 Bay Presbyterian 9:00 RR United Methodist 9:45 St. Peters Episcopal</p>	<p>2:00 Food Meeting: AVH 2:00 Practicing Your Bridge: WGR 2:30 BP Checks: TL 3-5 Martini Monday: WP 3:30-5 David Strieter:WP 7pm – Monday Night Mingle w/Cornhole :AVH</p>	<p>11:00 Current Events: RWS 2:00 Men's Group Wii Bowling & Beer : WTR 2:00 Tea w/ Tracey: LC 3:00 Cocktail Hour :WP 7:00 Tuesday Night Bridge:WGR.</p>	<p>11:00 Depart for Giant Eagle 1:30 Depart for Giant Eagle 2:00 Cribbage: WGR 3-5– Wine Down Wednesday -WP 4:00 Rosary CMC 7:00 Sing-a-Long with Jenny:AVH</p>	<p>10:00 Series: “ Extrodinary Attorney Woo pt. 6: WTR 11:30 Depart for: Wild Mango : L 3:00 Bingo: WGR 3-5 Thirsty Thursday Cocktail Hour:WP 4-5 Guitarist Rey Rengal:WP</p>	<p>11:00 Depart for Heinen's RR 1:30 Mah Jongg : WGR 2:30 Bill Head Presents: The Mormon's : AVH 3-5 Cocktail Hour : WP</p>	<p>0:00-11:30 Art w/ Rebecka:RKA 1:00 Putting : Backyard 2:00 Dominoes:RKA 4:00 Mass w/ Father Keller : AVH 7:00 Movie -: “Mrs. Harris Goes to Paris “ WTR</p>
<p>8:15 St. Christopher 8:45 Bay Presbyterian 9:00 RR United Methodist 9:45 St. Peters Episcopal Mother's Day Brunch Buffet w/ MaryBeth Ions : ADR 1st seating 11-12:30 2nd seating 1-2:30 <small>Mother's Day National Skilled Nursing Week</small></p>	<p>Post Office on Wheels 2:00 Practicing Your Bridge: WGR 2:30 BP Checks: TL 3-5 Martini Monday: WP 7:00 Depart for Rocky River Music Society All Stravinsky : L 7pm Monday Night Mingle w/Cornhole :AVH</p>	<p>10:00 Depart for Gales Garden Center :L 11:00 Current Events: RWS 3:30 State of the City w/ Mayor Bobst :AVH 3:00 Cocktail Hour :WP 7:00 Tuesday Night Bridge:WGR.</p>	<p>Dr. Kane Podiatry here 11:00 Depart for Giant Eagle 1:30 Depart for Giant Eagle 2:00 Cribbage: WGR 3-5– Wine Down Wednesday -WP 4:00 Rosary CMC</p>	<p>10:00 Series: “ Extrodinary Attorney Woo pt. 7: WTR 11:30 Depart for AJ's Grille :L 3:00 Bingo: WGR 3-5 Thirsty Thursday Cocktail Hour:WP 7:00 The Beatles in Cleveland by Dave Schewsen:AVH</p>	<p>7:30-10:30 Grab-a-Donut Ann Moore:LC 11:00 Depart for Heinen's RR 1:30 Mah Jongg : WGR 2:00 Nature Pam presents: The Cold War : AVH 3-5 Cocktail Hour : WP</p>	<p>11:00 Resident Created Art Class Art Show: RKA 1:00 Putting : Backyard 2:00 Dominoes:RKA 4:00 Mass w/ Father Keller :AVH 7:00 Movie -: “Ticket to Paradise “ WTR <small>Armed Forces Day</small></p>
<p>8:15 St. Christopher 8:45 Bay Presbyterian 9:00 RR United Methodist 9:45 St. Peters Episcopal</p>	<p>2:00 Practicing Your Bridge: WGR 2:30 BP Checks: TL 3-5 Martini Monday: WP 7:00 RR Community Band Concert : AVH CORNHOLE Postponed</p> <p>Victoria Day (Canada)</p>	<p>11:00 Current Events: RWS 3:00 Cocktail Hour May Birthday Celebration:WP 3:30-5 David Strieter:WP 7:00 Tuesday Night Bridge:WGR.</p>	<p>11:00 Depart for Giant Eagle 1:30 Depart for Giant Eagle 2:00 Cribbage: WGR 3-5– Wine Down Wednesday -WP 4:00 Rosary CMC</p>	<p>10:00 Series: “ Extrodinary Attorney Woo pt. 8: WTR 11:00 Depart for The Blue Door Café Bakery:L 3:00 Bingo: WGR 3-5 Thirsty Thursday Cocktail Hour:WP 7:00 Rocky River Community Chorus : AVH</p> <p>Shavuot Begins</p>	<p>11:00 Depart for Heinen's RR 1:30 Mah Jongg : WGR 2:00 Wine Tasting w/ Elizabeth Washington State Region : WP 3-5 Cocktail Hour : WP</p>	<p>1:00 Nook Book Club:PD 1:00 Putting : Backyard 2:00 Dominoes:RKA 4:00 Mass w/ Father Keller :AVH 7:00 Movie -: “ The Way Back “ WTR</p>
<p>8:15 St. Christopher 8:45 Bay Presbyterian 9:00 RR United Methodist 9:45 St. Peters Episcopal</p>	<p>Memorial Day Buffet : 11:30 -1:30 ADR PUB CLOSED Movie Marathon : WTR 3:00 Just Getting Started 7:00 The Mother 7pm Monday Night Mingle w/Cornhole :AVH</p> <p>Memorial Day</p>	<p>11:00 Depart for Marc's 11:00 Current Events: RWS 1:30 Depart for Giant Eagle 3:00 St. Peter's Episcopal:AVH 3:00 Cocktail Hour :WP 7:00 Tuesday Night Bridge:WGR.</p>	<p>11:00 Depart for Lake Erie Crushers Baseball :L 2:00 Cribbage: WGR 3-5– Wine Down Wednesday -WP 4:00 Rosary CMC</p>	<p>May 2023 Life Enrichment Calendar</p>		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>10:00 Thai-Chi: RWS 11:00 Seated Yoga: RWS 11:45 Brain & Body: RWS</p> <p>May Day</p>	<p>2:30 Tap Time w/ Melissa :RWS</p>	<p>10:00 Silver Strength:RWS 11:00 Seated Yoga: RWS 11:45 Brain & Body: RWS</p>		<p>8:45 Fitness Center EDU :FC 10:00 Total Body Sing-A-Long RWS 11:00 Seated Yoga: RWS 11:45 Brain & Body: RWS</p> <p>Cinco de Mayo</p>	
7	<p>8 10:00 Thai-Chi: RWS 11:00 Seated Yoga: RWS 11:45 Brain & Body: RWS</p>	<p>9 2:30 Silver Strength w/ Melissa : RWS</p>	<p>10 10:00 Silver Strength:RWS 11:00 Seated Yoga: RWS 11:45 Brain & Body: RWS</p>	11	<p>12 10:00 Total Body Sing-A-Long RWS 11:00 Seated Yoga: RWS 11:45 Brain & Body: RWS</p>	13
14	<p>15 10:00 Thai-Chi: RWS 11:00 Seated Yoga: RWS 11:45 Brain & Body: RWS</p> <p>Mother's Day National Skilled Nursing Week</p>	<p>16 2:30 Line Dancing w/ Melissa :RWS</p>	<p>17 10:00 Silver Strength:RWS 11:00 Seated Yoga: RWS 11:45 Brain & Body: RWS</p>	18	<p>19 10:00 Total Body Sing-A-Long RWS 11:00 Seated Yoga: RWS 11:45 Brain & Body: RWS</p>	20
21	<p>22 10:00 Thai-Chi: RWS 11:00 Seated Yoga: RWS 11:45 Brain & Body: RWS</p> <p>Victoria Day (Canada)</p>	<p>23 2:30 Seated Rhythm w/ Melissa : RWS</p>	<p>24 10:00 Silver Strength:RWS 11:00 Seated Yoga: RWS 11:45 Brain & Body: RWS</p>	25	<p>26 10:00 Total Body Sing-A-Long RWS 11:00 Seated Yoga: RWS 11:45 Brain & Body: RWS</p>	27
28	<p>29 No Fitness Classes Today</p> <p>Memorial Day</p>	<p>30</p>	<p>31 10:00 Silver Strength:RWS 11:00 Seated Yoga: RWS 11:45 Brain & Body: RWS</p>	<p>Shavuot Begins</p>  <p>May 2023 Wellness Calendar</p>		