

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November 2023

Life Enrichment

Departure times:
 8:15 St. Christopher
 8:45 Bay Presbyterian
 9:00 RR United Methodist
 9:45 St. Peters Episcopal



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 8:15 St. Christopher
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 9:45 St. Peters Episcopal

Diwali (Hindi)

Departure times:
 8:15 St. Christopher
 8:45 Bay Presbyterian
 9:00 RR United Methodist
 9:45 St. Peters Episcopal

11:00 Mass w/ Father Keller : AVH

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 8:15 St. Christopher
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11:00 Mass w/ Father Keller : AVH

5

National Nachos Day
11:30-1:30 Nacho Bar :LC
 2:00 Practicing Your Bridge: WGR
 2:30 BP Checks: TL
 3-5 Martini Monday: WP
3-5 New Resident Photo Day for Pictorial Directory:WP
 7pm – Monday Night Mingle w/Cornhole :AVH

12

11:40-12:00 Post Office on Wheels: : L
 2:00 Practicing Your Bridge: WGR
 2:30 BP Checks: TL
3:00-4:30 Virtual Bowling vs Rocky River Library:AVH
 3-5 Martini Monday: WP
 7pm – Monday Night Mingle w/Cornhole :AVH

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2:00 Practicing Your Bridge: WGR
 2:30 BP Checks: TL
 3-5 Martini Monday: WP
 7pm – Monday Night Mingle w/Cornhole :AVH

26

1:00 Experiencing Christmas Bible Study: AVH
 2:00 Practicing Your Bridge: WGR
 2:30 BP Checks: TL
 3-5 Martini Monday: WP
 7pm – Monday Night Mingle w/Cornhole :AVH

6

10:00 Intro to Easy Thai Chi with Elizabeth :RWS
10:30-12 Case Western:AVH
 1:00 Scrabble;WP
1:00 Depart for Voting
 3-5 Cocktail Hour :WP
 7:00 Bridge :WGR

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11:30-12:30 Friendsgiving Potluck:RKA
12:00 Men’s Group Lunch:LC
1-3 Rite-Aid Vaccine Clinic:AVH
 1:00 Scrabble;WP 3-5
 3-5 Cocktail Hour :WP
 7:00 Bridge :WGR

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10:00 Depart for Kent State University Museum and Lunch at The River Merchant : L
 1:00 Scrabble;WP
 3-5 Cocktail Hour :WP
 7:00 Bridge :WGR

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1:00 Scrabble;WP
3:00 St.Peter’s Episcopal:AVH
 3-5 Cocktail Hour :WP
3:30-5 Birthday Celebration with David Streiter: WP
 7:00 Bridge :WGR

7

11:00 Depart for Heinen’s
1:30 Depart for Giant Eagle
 1:30 Cribbage: WGR
 3-5– Wine Down Wednesday - WP
 4:00 Rosary CMC
 7:00 Pinochle : WGR

14

11:00 Depart for Marc’s
1:30 Depart for Giant Eagle
 1:30 Cribbage: WGR
 3-5– Wine Down Wednesday - WP
 4:00 Rosary CMC
 7:00 Pinochle : WGR
7:00 Medicare refresher for 2024:AVH

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11:00 Depart for Heinen’s
1:30 Depart for Giant Eagle
 1:30 Cribbage: WGR
 3-5– Wine Down Wednesday - WP
 4:00 Rosary CMC
 7:00 Pinochle : WGR

28

11:00 Depart for Marc’s
1:30 Depart for Giant Eagle
 1:30 Cribbage: WGR
 3-5– Wine Down Wednesday - WP
 4:00 Rosary CMC
 7:00 Pinochle : WGR

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10:00 Current Events: RWS
2-3:30 Case Western Lifelong Learning: AVH
 3:30 Bingo: WGR
 3-5 Thirsty Thursday Cocktail Hour:WP
7:00 NASA Ambassador Bill Reed: Our Place in Space:AVH

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8:30 Complimentary Breakfast
9:30 Town Hall Meeting
10:30 Current Events: RWS
1:00 Northpoint Ballet Presents The Nutcracker: AVH
 3:30 Bingo: WGR
 3-5 Thirsty Thursday Cocktail Hour:WP

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Offices Closed Today



11:30 am-1:00 pm
 Thanksgiving Buffet
 4:00 pm
 Boxed Meal Delivery

Thanksgiving Day (US)

29

10:00 Current Events: RWS
12:00 Pizza Party in Pub-Angelo’s:WP
 3:30 Bingo: WGR
 3-5 Thirsty Thursday Cocktail Hour:WP
7:00 MaryBeth Ions : AVH

9

10:00 Current Events: RWS
11:30 Famous Dave’s Bar-B-Q:L
 3:30 Bingo: WGR
 3-5 Thirsty Thursday Cocktail Hour:WP
7:00 WIH Present Ella Fitzgerald : AVH

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Grab a Donut Day Sponsor Russ Sanders
11:00 Depart for Heinen’s RR
 1:30 Mah -Jongg : WGR
2:00 Nature Pam Takes us to Mesa Verde NP: AVH
 3-5 Cocktail Hour : WP
4-5 Freddy Hill Plays Delta Blues: WP

23

NO SHOPPING TODAY
10-11 Hand/Arm Massage with Heather : AVD
11-3 Over the Moon Gift Shop :AVH
11-3 Mary Kay Cosmetics: AVH
 1:30 Mah -Jongg : WGR
 3-5 Cocktail Hour: WP
Black Friday Football Game

***** PLEASE SEE CHANGES TO SHOPPING SCHEDULE THIS MONTH AS WELL AS MASS *****

10

NO SHOPPING TODAY
9:30 Depart for Severance Hall : L
 1:30 Mah -Jongg : WGR
 3-5 Cocktail Hour : WP
4:00 John Thayer Music Triva:WP

17

11-12:30 Art with Rebecka:RKA
1:00 Series The Queens Gambit 2 : WTR
 2:00 Dominoes: RKA
3:30 Peter Tavens & James Love: AVH
 7:00 Movie : The Wonderful Story Henry Sugar”: WTR

24

11-12:30 Art with Rebecka:RKA
1:00 Series The Queens Gambit 3 : WTR
1:00 Nook Book Club:PD
 2:00 Dominies:RKA
 7:00 Movie Documentary:” My Octopus Teacher” :WTR

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Sunday

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Thursday

Friday

Saturday

November 2023

Wellness Calendar

			1 10:00 Silver Strength:RWS 11:00 Seated Yoga: RWS 11:45 Brain & Body: RWS	2	3 10:00 Seated Rhythm:RWS 11:00 Seated Yoga: RWS 11:45 Brain & Body: RWS	4
5 10:00 Easy Thai-Chi: RWS 11:00 Seated Yoga: RWS 11:45 Brain & Body: RWS	6	7	8 10:00 Silver Strength:RWS 11:00 Seated Yoga: RWS 11:45 Brain & Body: RWS	9	10 10:00 Seated Rhythm:RWS 11:00 Seated Yoga: RWS 11:45 Brain & Body: RWS	11
12 10:00 Easy Thai-Chi: RWS 11:00 Seated Yoga: RWS 11:45 Brain & Body: RWS Diwali (Hindi)	13	14	15 10:00 Silver Strength:RWS 11:00 Seated Yoga: RWS 11:45 Brain & Body: RWS	16	17 10:00 Seated Rhythm:RWS 11:00 Seated Yoga: RWS 11:45 Brain & Body: RWS	18 Veterans Day Remembrance Day (Canada)
19 10:00 Easy Thai-Chi: RWS 11:00 Seated Yoga: RWS 11:45 Brain & Body: RWS	20	21	22 10:00 Silver Strength:RWS 11:00 Seated Yoga: RWS 11:45 Brain & Body: RWS	23 No Classes	24	25
26 10:00 Easy Thai-Chi: RWS 11:00 Seated Yoga: RWS 11:45 Brain & Body: RWS	27	28	29 10:00 Silver Strength:RWS 11:00 Seated Yoga: RWS 11:45 Brain & Body: RWS	30 Thanksgiving Day (US)		